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EARLY WARNING SIGNS OF ILL HEALTH

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SIGNS OF UNDERLYING ENERGY IMBALANCE OFTEN DEEMED NORMAL IN DOGS AND/OR CATS

ONLINE RESOURCES

- dextersdeli.com/links
- holisticvetlist.com
- brighthaven.org
- shirleys-wellness-cafe.com
- vetadviceline.com
- littlebigcat.com

DEXTER SUGGESTS

Ask our knowledgeable staff about trying a fresh food diet for your pet.

Check out these books:

- *See Spot Live Longer*
- *The New Holistic Way for Dogs & Cats*
- *Dr. Pitcairn's Complete Guide to Natural Health For Dogs & Cats*
- *Whole Health for Happy Cats*
- *Your Cat*



SKIN:

Doggy smell; attracts fleas a lot; dry, oily, lack-luster coat; excessive shedding; not grooming, ear problems - waxy, oily, itchy, recurrent mites; eye discharge, tearing, or matter in corner of eyes; raised third eyelid; spots appearing on iris; "freckles" appearing on face; whiskers falling out; fragile, thickened, distorted claws that are painful or sensitive to trim.

BEHAVIOR:

Fears (of loud noises, thunder, wind, people, animals, life); too timid; too rough or aggressive (even at play); too hard to train; barks too much and too long; suspicious nature; biting when petted too long; hysteria when restrained; clumsy; indolent; licking or sucking things or people too much; not using litter box or not covering stool.

DIGESTIVE:

Bad breath; tarter accumulation; loss of teeth; poor appetite; craving weird things (rubber bands, plastic, dirt, cat litter, paper, dogs eating dog or cat stools, rocks, sticks...); sensitivity to milk; thirst - a super healthy cat on non-dry food will drink at most once a week; red gum line; vomiting often, even hairballs more than a few times a year; mucous on stools; tendency to diarrhea with least change of diet; obesity; anal gland problems; recurrent worms.

STIFFNESS:

When getting up, early hip dysplasia; tires easily in hot or cold weather; can no longer jump up on counters, or go up or down steps.

TEMPERATURE:

Low grade fevers - Normal for healthy cats and dogs is 100-101.5.

AGE & REPRODUCTION:

Should live a long life (Shepherds 17 years, Danes 12, Cats 24), should be able conceive easily, deliver normally, and not pass on "genetic breed" problems.

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