

APPLE CIDER VINEGAR

Benefits

- Reduces skin flaking and dander
- Improves digestion
- Alleviates itching
- May help body be less attractive to parasites
- Reduces skin inflammation
- Helps balance stomach pH
- Easy ear cleaner

APPLE CIDER VINEGAR – AN OLD STANDBY

Apple Cider Vinegar (ACV) has been used for centuries as a reliable home remedy for many health issues. It can be used both internally and externally, and unless used thoughtlessly (don't get it in the eyes, don't overdo it) should cause no harm.

ALWAYS USE RAW ACV

It's essential to use raw apple cider vinegar. The label should read "raw," "unpasteurized," and preferably "organic." You may also see the phrase "includes mother," which is referring to the cloudy sediment at the bottom of the bottle. Don't worry, it's not spoiled! This is a sign that the product is just what you're looking for, and contains the enzymes and other natural elements that make it so useful.

INTERNAL USE

Can be fed daily as a tonic to help balance pH in the digestive system.

Suggested daily amount (can be added to food or water):

- 1/8 teaspoon for cats
- 1/4 - 1 teaspoon for small dogs
- 1 - 2 teaspoons for medium dogs
- 1/2 - 1 tablespoons for large dogs
- 1 - 2 tablespoons for giant dogs

TOPICAL USES

Always dilute ACV with water in at least a 50/50 ratio when using topically. Avoid eye contact because it will sting. There is no need to rinse. Chronic conditions will need additional care through diet, supplements, and veterinary or practitioner care.

Skin Inflammation, Itching, Flaking – Apply 2-3 times a day directly to the irritated area, either by spraying or dabbing with a cloth. A chronic itching problem will need additional care through diet, supplements, and veterinary or practitioner care.

Irritated Feet – Dunk feet for thorough application. Safe to use daily for animals with grass allergies, just dunk at the end of your walks and have them walk on a towel into the house (you don't want to wipe away too much of the ACV).

Ear Cleaner – A good basic ear cleaner by itself, it can also be combined with other healing ingredients.

Fur Stains – may be helpful for reducing and preventing staining near the eyes, mouth, and other areas.

